

## Chad Guess DC

Dr Guess has been in practice for 26 years and been doing nutritional consults with his patients since his 3rd month in practice. He quickly realized that people had visceral somatic reflexes that were causing spine pain and that nutrition would help solve their issues. Continued work with patients allowed him to have a bigger understanding of the complexities of health. This allowed him to go further and help his patients enjoy a better quality of life.

He is a chiropractor and certified nutritionist who specializes in functional nutrition. He believes that nutrition plays a crucial role in achieving optimal health and wellness, and he uses a personalized approach to help his clients achieve their goals.

One of the main reasons to utilize Dr Guess for nutritional services is his focus on functional nutrition. Functional nutrition considers the individual's unique needs and uses food and supplements to support their body's natural healing processes. This approach can be particularly beneficial for individuals with chronic health conditions, as it can help address the underlying causes of their symptoms.

Dr Guess is very adept in identifying food sensitivities and intolerances. Many individuals may have undiagnosed food sensitivities that are contributing to their health issues. Through advanced testing methods he can identify these sensitivities and create personalized dietary plans that can help alleviate symptoms.

Living in a small town many patients look at him as the "Old Time Country Doc" that can help many common ailments that often get overlooked.

### Areas of Expertise:

Metabolic issues

Pain

Autoimmune

Digestion

Blood sugar

Hormonal

Allergies

Immune burdens